

## **Kicks from the Penalty Mark Procedure**

- A.) The referee chooses the goal at which the kicks will be taken.
- B.) The referee tosses a coin and the team whose captain wins the toss decides whether to take the first or the second kick. *2017 Washington Youth Soccer Recreational Cup Rules*
- C.) Subject to the conditions explained below, both teams take five kicks.
- D.) The kicks are taken alternately by the teams.
- E.) If, before both teams have taken five kicks, one has scored more goals than the other team could score, even if it were to complete its five kicks, no more kicks are taken.
- F.) If, after both teams have taken five kicks, both have scored the same number of goals, or have not scored any goals, kicks continue to be taken in the same order until one team has scored a goal more than the other from the same number of kicks.
- G.) A goalkeeper who is injured while kicks are being taken from the penalty mark and is unable to continue as goalkeeper may be replaced by a named substitute.
- H.) With the exception of the foregoing case, only players who are on the field of play at the end of the match, which includes extra time where appropriate, are eligible to take kicks from the penalty mark.
- I.) Each kick is taken by a different player and all eligible players must take a kick before any player can take a second kick.
- J.) Only the eligible players and match officials are permitted to remain on the field of play when kicks from the penalty mark are being taken.
- K.) All players, except the player taking the kick and the two goalkeepers, must remain within the center circle.
- L.) The goalkeeper who is the teammate of the kicker must remain on the field of play, outside the penalty area in which the kicks are being taken, on the goal line where it meets the penalty area boundary line.
- M.) Unless otherwise stated, the relevant Laws of the Game apply when kicks from the penalty mark are being taken.
- N.) If, at the end of the match and before kicks start to be taken from the penalty mark, one team has a greater number of players than its opponents, it must reduce its number to equate with that of its opponents and the team captain must inform the referee of the name and number of each player excluded. Any player thus excluded may not participate in kicks from the penalty mark.
- O.) Before the start of kicks from the penalty mark, the referee must ensure that an equal number of players from each team remain within the center circle and they shall take the kicks.